

June

2022

Summer Calendar

Perry Football Summer Workout



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Camp 8:00-12:00	2 Camp 8:00-12:00	3	4
5	6 Camp 8:00-12:00	7 Camp 8:00-12:00	8 Camp 8:00-12:00	9 Lifting/Conditioning 8:00-10:00	10	11
12	13 Lifting/Conditioning 8:00-10:00	14 Lifting/Conditioning 8:00-10:00	15 Lifting/Conditioning 8:00-10:00	16 Lifting/Conditioning 8:00-10:00	17	18
19	20 Lifting/Conditioning 8:00-10:00	21 Lifting/Conditioning 8:00-10:00	22 Lifting/Conditioning 8:00-10:00	23 Lifting/Conditioning 8:00-10:00	24	25
26	27 Lifting/Conditioning 8:00-10:00	28 Lifting/Conditioning 8:00-10:00	29 Lifting/Conditioning 8:00-10:00	30 Lifting/Conditioning 8:00-10:00		

**Remind 101 for the 2022-2023 Perry Football Team is:
Send the text @ptofoo to 81010**

July

2022

Summer Calendar

Perry Football Summer Workout



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Lifting/Conditioning 8:00-10:00	6 Lifting/Conditioning 8:00-10:00	7 Lifting/Conditioning 8:00-10:00	8	9
10	11 Lifting/Conditioning 8:00-10:00	12 Lifting/Conditioning 8:00-10:00	13 Lifting/Conditioning 8:00-10:00	14 Lifting/Conditioning 8:00-10:00	15	16
17	18 Lifting/Conditioning 8:00-10:00	19 Lifting/Conditioning 8:00-10:00	20 Camp 8:00-12:00	21 Camp 8:00-12:00	22	23
24	25 Camp 8:00-12:00	26 Camp 8:00-12:00	27 Camp 8:00-12:00	28	29 Picnic Earl Lake Park 11:00-2:00	30
31						

**Remind 101 for the 2022-2023 Perry Football Team is:
Send the text @ptofoo to 81010**

August

2022

Summer Calendar

Perry Football Summer Workout



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2-a-Days 7:00-1:30	2 2-a-Days 7:00-1:30	3 2-a-Days 7:00-1:30	4 2-a-Days 7:00-1:30	5 2-a-Days 7:00-1:30	6 Scrimmage TBD
7	8 2-a-Days 7:00-1:30	9 2-a-Days 7:00-1:30	10 2-a-Days 7:00-1:30	11 Scrimmage SVSM 5:00	12 Practice 3:00	13 Practice 8:00
14	15 Practice After School	16 Practice After School	17 Practice After School	18 Game Day Central 7:00	19 Practice After School	20 Practice 8:00
21	22 Practice After School	23 Practice After School	24 Practice After School	25 Practice After School	26 Game Day Akron East 7:00	27 Practice 8:00
28	29 Practice After School	30 Practice After School	31 Practice After School	1 Practice After School	2 Game Day Euclid 7:00	3 Practice 8:00

**Remind 101 for the 2022-2023 Perry Football Team is:
Send the text @ptofoo to 81010**